

Meet One of Our Clients

Making Adjustments Never Felt So Good

'Ohana Chiropractic Center is a family health and wellness practice specializing in gentle spinal adjustments and preventive care for patients of all ages, prenatal techniques for expectant mothers and pediatric chiropractic care. We believe that chiropractic care is an essential part of maintaining personal health and wellness and is also a means of complementary treatment for common ailments such as neck, back and extremity pain, sports-related injuries, stress, headaches, frequent colds and influenza.

For more than 10 years, Dr. Robert Anderson of 'Ohana Chiropractic Center has remained committed to individualized care and building personal relationships with patients. Our staff is never too busy to speak with you about your symptoms, ailments or planned treatment options.

Your long-term habits and chronic conditions as well as short-term ailments and circumstances affect how your body functions. The food you eat, physical activity, sleep patterns and your own awareness all factor in to your experience of well-being.

Let 'Ohana Chiropractic Center help you optimize your health!

Health and Wellness Services Offered:

- Gentle Spinal Manipulation and Mobilization
- Applied Kinesiology and Meridian Therapy
- Deep Tissue Muscle Therapy
- Individualized Lifestyle Support
- Cranial Work
- Nutritional Counseling
- Digital Foot Scans
- Corrective Care to Wellness Care



3049 Ualena Street, Suite 104
Honolulu, Hawaii 96819

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Fax: 808.836.7627
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Office Hours:
Tuesday, Thursday,
Friday 9:00AM to 6:00PM

Wednesday & Saturday
Mornings by Appointment



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Pregnancy Giving You A Sore Lower Back?

• **Gentle relief**
for Expectant Mothers

• **Certified Alternative Care**
for Common Pediatric
Ailments

• **Personalized care**
for the Entire Family



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